

# 101 Offensive Softball Drills: The Ultimate Guide to Scoring Runs

By Sue Enquist

Are you ready to take your softball team to the next level? 101 Offensive Softball Drills is the most comprehensive guide to scoring runs in softball. This book contains over 100 drills that will help you improve your hitting, fielding, and base running skills. Whether you're a coach or a player, this book has something for you.

In this book, you'll find drills for every offensive situation, including:



## 101 Offensive Softball Drills by Sue Enquist

★★★★☆ 4.2 out of 5

Language : English  
File size : 7047 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 149 pages  
Lending : Enabled



- Hitting drills to improve your power, contact, and timing
- Fielding drills to improve your fielding range, footwork, and throwing accuracy

- Base running drills to improve your speed, agility, and base stealing skills

With over 100 drills to choose from, you're sure to find the perfect ones to help you improve your team's offensive performance. And with Sue Enquist's expert instruction, you'll be able to get the most out of each drill.

So if you're ready to take your softball team to the next level, Free Download your copy of 101 Offensive Softball Drills today!

### **What's Inside?**

101 Offensive Softball Drills is packed with over 100 drills that will help you improve your hitting, fielding, and base running skills. Here's a sneak peek at some of the drills you'll find in the book:

- **Hitting Drills:**
  - Tee drills to improve your swing mechanics
  - Batting practice drills to improve your timing and contact
  - Power hitting drills to increase your power and distance
- **Fielding Drills:**
  - Ground ball drills to improve your fielding range and footwork
  - Fly ball drills to improve your tracking and catching skills
  - Throwing drills to improve your arm strength and accuracy
- **Base Running Drills:**
  - Speed drills to improve your running speed

- Agility drills to improve your quickness and coordination
- Base stealing drills to improve your timing and success rate

With over 100 drills to choose from, you're sure to find the perfect ones to help you improve your team's offensive performance. And with Sue Enquist's expert instruction, you'll be able to get the most out of each drill.

## **About the Author**

Sue Enquist is a legendary softball coach with over 30 years of experience. She has won 8 national championships and over 1,000 games. She is a member of the National Fastpitch Coaches Association Hall of Fame and the Softball Hall of Fame. Sue is also a successful author and speaker. She has written several books on softball, including 101 Offensive Softball Drills.

Sue Enquist is a passionate advocate for softball. She believes that softball is a great game that can teach young people valuable life lessons. She is committed to helping players and coaches improve their skills and reach their full potential.

## **Free Download Your Copy Today!**

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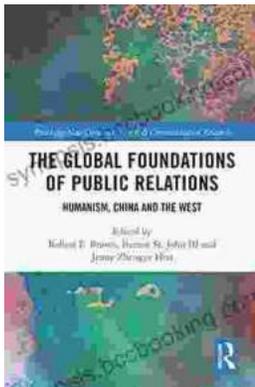
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