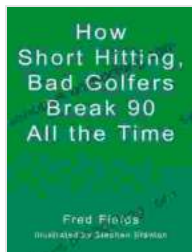


Break 90 Every Time: Master Short Hitting for Golfing Success



: Unlock the Secrets of Short Hitting Success

Are you a recreational golfer who struggles to break 90? Do you feel frustrated by your inconsistent shots and high scores? If so, this article is for you. We will reveal the secrets of short hitting, a technique that can help you lower your scores and enjoy the game even more.



How Short Hitting, Bad Golfers Break 90 All the Time

by Fred Fields

★★★★☆ 4.1 out of 5

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File size : 624 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled
Print length : 103 pages
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Understanding the Basics of Short Hitting

Short hitting is a style of golf that emphasizes accuracy and consistency over distance. By focusing on hitting the ball solid and in the desired direction, short hitters can mitigate the negative effects of their limited power. This approach is particularly effective for golfers with slower swing speeds or physical limitations.

Benefits of Short Hitting

Embracing short hitting offers several benefits, including:

- **Improved Accuracy:** By swinging with less force, short hitters can maintain better control over their shots, leading to increased accuracy.
- **Reduced Fade:** Short hitters typically use a more closed clubface, which helps keep the ball from fading or slicing to the right.
- **Better Distance Control:** The controlled swing motion of short hitting allows for more precise distance control, reducing overshooting or undershooting the green.
- **Increased Consistency:** The less aggressive swing of short hitting promotes consistency in strike quality and shot shape.

How to Become a Successful Short Hitter

Mastering short hitting requires a combination of technique and mindset. Here are some tips to help you get started:

1. Use the Right Clubs

Select clubs that complement your swing speed and promote accuracy. Consider clubs with a wider sole and lower loft, which will help you launch the ball higher and more consistently.

2. Focus on Impact

Pay attention to your impact position. Aim to strike the ball dead center with a slightly descending blow. This will generate a solid, controlled shot.

3. Maintain a Relaxed Grip

Hold the club lightly in your hands. A tense grip can hinder your swing and affect your accuracy.

4. Use a Smooth Tempo

Swing with a deliberate, fluid motion. Avoid rushing or jerking the club.

5. Aim for the Middle of the Green

Don't try to be a hero. Aim for the center of the green to give yourself the best chance of making par.

6. Accept Your Limitations

Not everyone can hit the ball 300 yards. Embrace your short hitting style and focus on making the most of your shots.

Additional Tips for Short Hitting Success

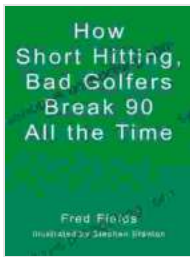
- Practice regularly to improve your technique.
- Seek guidance from a qualified golf instructor for personalized advice.
- Play shorter courses designed for golfers with limited power.
- Use a rangefinder to accurately gauge distances.
- Consider using a lighter golf ball for increased distance.

The Power of Mindset

Adopting a positive mindset is crucial for success in short hitting. Here are some strategies to help you:

- **Believe in Yourself:** Confidence is key. Believe in your ability to break 90 with short hitting.
- **Focus on the Process:** Don't get caught up in the outcome. Focus on executing each shot correctly.
- **Embrace the Challenge:** Short hitting is a different approach to golf. Embrace the challenge and enjoy the process of learning.
- **Celebrate Your Successes:** Acknowledge and celebrate your progress, no matter how small.

Short hitting is a proven technique that can help you break 90 and improve your overall golf experience. By understanding the basics, embracing the benefits, and adopting the right mindset, you can master short hitting and achieve your golfing goals. Remember that the key to success lies in practice, patience, and the unwavering belief in your abilities.

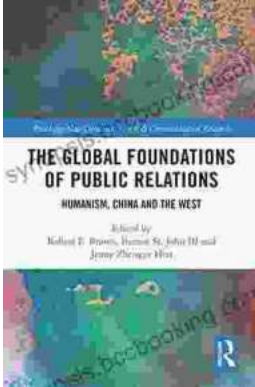


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