

# Discovering Dance: An Enchanting Journey through the World of Movement

Dance, an art form that transcends time and cultures, holds an irresistible allure that has captivated hearts and minds for centuries. From the graceful ballet to the vibrant salsa, the world of dance is an endless tapestry of expression, technique, and passion.

In her captivating book, 'Discovering Dance,' esteemed dance educator Gayle Kassing invites readers on an illuminating journey through this enchanting realm. With her profound knowledge and engaging writing style, Kassing unravels the multifaceted nature of dance, guiding readers through its history, styles, terminology, and educational applications.



## Discovering Dance by Gayle Kassing

★★★★★ 5 out of 5

Language	: English
File size	: 7081 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Print length	: 304 pages



## A Historical Panorama: Dance Across the Ages

Kassing traces the rich history of dance, from its origins in ancient rituals and ceremonies to its evolution into diverse expressions of human

creativity. She explores the contributions of major dance pioneers, such as Isadora Duncan, Martha Graham, and Merce Cunningham, who shaped the development of various dance styles.



## Unveiling the Tapestry of Dance Styles

The book delves deep into the vast array of dance styles that grace the world. Kassing provides comprehensive descriptions and analyses of ballet, modern dance, jazz, contemporary dance, and many more. She unveils the unique characteristics, techniques, and cultural influences of each style, illuminating their distinct expressive qualities.



## **Decoding Dance Terminology: A Comprehensive Guide**

Kassing's book is an invaluable resource for both dance enthusiasts and aspiring dancers. She meticulously explains the technical terms used in dance, demystifying the often-complex jargon that can hinder understanding. With clear definitions and examples, she empowers readers to navigate the intricacies of dance vocabulary.

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Name: \_\_\_\_\_

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## BALLET MATCHING

Draw a line from the ballet word to what it means.

Plié

to stretch

Tendu

to beat

Dégagé

to glide

Relevé

to bend

Sauté

to rise

Glissade

to disengage

Battment

to jump



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### Dance Education: Nurturing Creativity and Expression

Kassing recognizes the profound educational value of dance and dedicates a significant portion of her book to exploring its transformative power. She outlines effective teaching methods, assessment techniques, and strategies for creating inclusive and engaging dance environments.



'Discovering Dance' by Gayle Kassing is a captivating and comprehensive guide that invites readers to immerse themselves in the enchanting world of dance. Kassing's insightful writing, coupled with her extensive expertise, provides a deep understanding of dance history, styles, terminology, and educational applications.

Whether you are a seasoned dancer, a dance educator, or simply someone fascinated by the allure of this art form, 'Discovering Dance' is an invaluable resource that will enrich your appreciation and understanding.



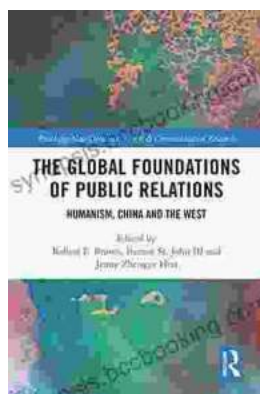
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