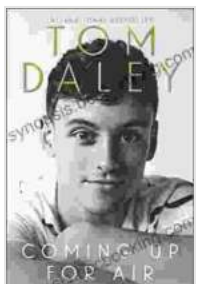


Dive Into Tom Daley's Inspiring Memoir, Coming Up For Air



Coming Up for Air by Tom Daley

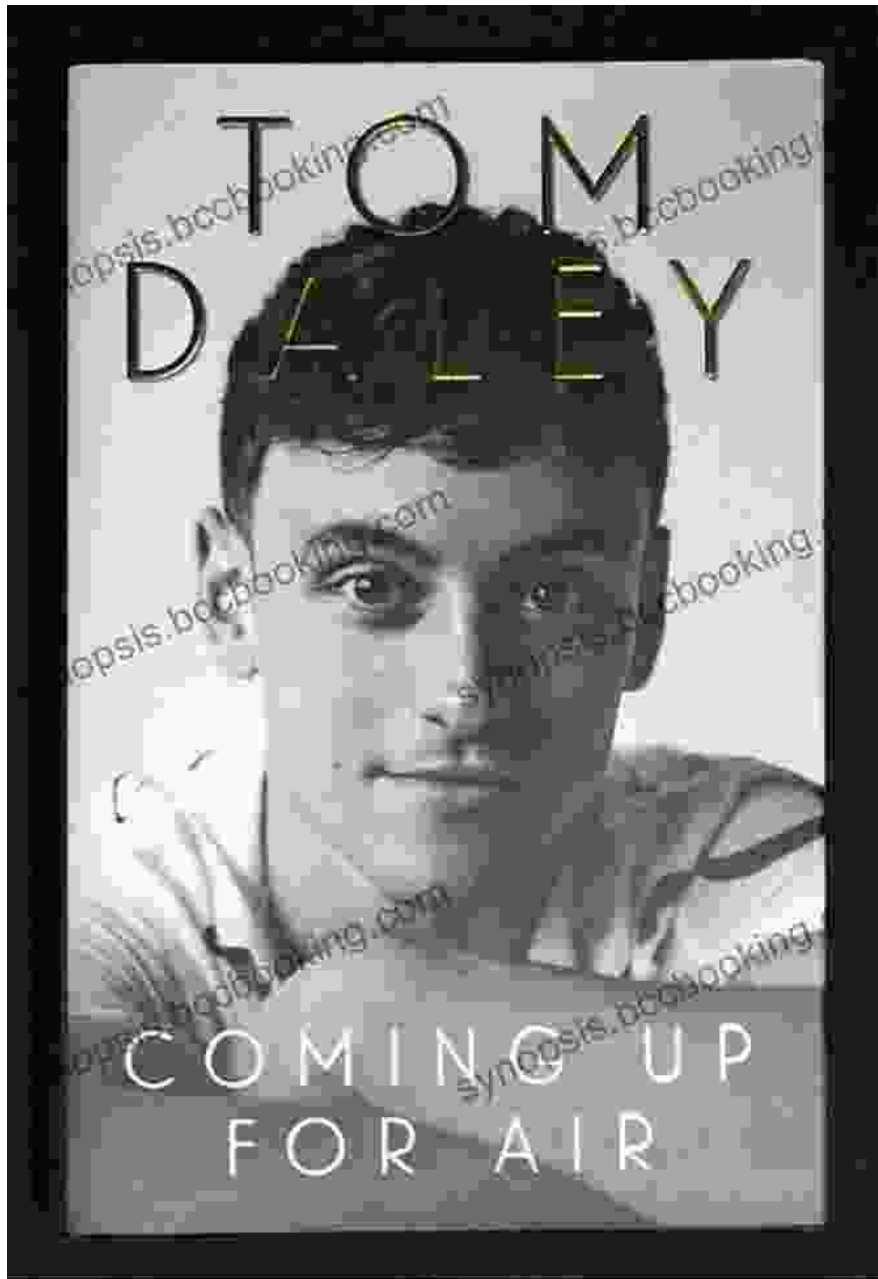
★★★★☆ 4.7 out of 5

Language : English
File size : 7864 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 305 pages
Screen Reader : Supported

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Tom Daley's *Coming Up For Air* is a must-read memoir that offers an intimate glimpse into the life and career of one of the world's most successful divers. From his humble beginnings to his Olympic triumphs, Daley shares his journey with honesty and vulnerability.

Daley's story is one of perseverance, resilience, and triumph. He began diving at the age of seven, and by the age of 14, he was competing in the

Olympics. He went on to win two Olympic medals, a gold in the 10-meter platform at the 2020 Tokyo Olympics and a bronze in the 10-meter platform at the 2012 London Olympics.

But Daley's journey was not without its challenges. He faced bullying and discrimination as a young gay man, and he struggled with mental health issues. In *Coming Up For Air*, Daley opens up about these experiences with candor and courage.

Coming Up For Air is more than just a memoir about diving. It is a story about growing up, coming to terms with who you are, and finding your place in the world. Daley's story is an inspiration to anyone who has ever faced adversity, and it is a reminder that we all have the potential to achieve our dreams.

Praise for Coming Up For Air

"Tom Daley's *Coming Up For Air* is a beautifully written and inspiring memoir. Daley's story is one of perseverance, resilience, and triumph. He is an inspiration to anyone who has ever faced adversity." - The New York Times

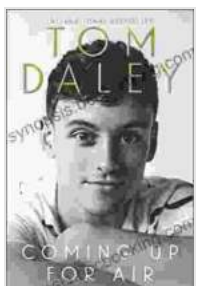
"*Coming Up For Air* is a must-read for anyone interested in diving, the Olympics, or LGBTQ+ issues. Daley's story is honest, vulnerable, and inspiring." - The Guardian

"Tom Daley is a role model for young people everywhere. His story is a reminder that we can all achieve our dreams, no matter what challenges we face." - The Independent

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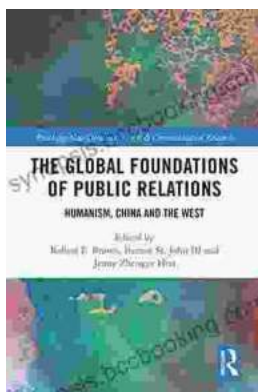
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