# Introducing The Six Putting Performance Principles: The Lost Art of Golf

Golfers of all levels can improve their putting performance by following the six principles outlined in this book. The book covers everything from grip to stance to stroke, and it is packed with helpful tips and drills.



### The Lost Art of Putting: Introducing the Six Putting Performance Principles (The Lost Art of Golf Book 1)

by Gary Nicol

: English Language File size : 702 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 124 pages Lending : Enabled



#### **The Six Putting Performance Principles**

- 1. **Grip:** The grip is the foundation of a good putting stroke. It is important to have a comfortable grip that allows you to control the clubface and make a smooth, consistent stroke.
- Stance: The stance is also important for putting. It is important to have a stance that is balanced and allows you to make a free and easy swing.

- 3. **Stroke:** The stroke is the most important part of putting. It is important to have a smooth, consistent stroke that delivers the ball to the hole with the right speed and accuracy.
- 4. **Speed:** Speed is an important factor in putting. It is important to be able to control the speed of your stroke so that you can hit the ball the right distance.
- 5. **Accuracy:** Accuracy is also important in putting. It is important to be able to hit the ball on the correct line so that you can give yourself a chance to make the putt.
- 6. **Mental game:** The mental game is also important in putting. It is important to be able to stay focused and relaxed when you are putting so that you can make the best possible stroke.

#### **How to Use the Six Putting Performance Principles**

The six putting performance principles can be used to improve your putting performance in a number of ways.

- Practice: The best way to improve your putting is to practice regularly. The more you practice, the more comfortable you will become with the six principles and the better you will be able to implement them in your game.
- Drills: Drills can be a great way to improve your putting performance.
   There are a number of different drills that you can use to practice the six principles.
- **Feedback:** It is important to get feedback on your putting stroke so that you can make the necessary adjustments. You can get feedback from a coach, a friend, or even a video analysis.

The six putting performance principles can help you improve your putting performance in a number of ways. By following these principles, you can develop a more consistent and accurate putting stroke. This will lead to lower scores and more enjoyment on the golf course.

Free Download your copy of The Six Putting Performance Principles: The Lost Art of Golf today!

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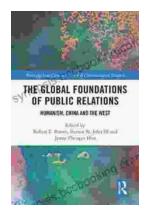


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