

# The American Culinary Revolution and Its End

## A Tale of Innovation, Excess, and Decline

By John Mariani



### Burn the Ice: The American Culinary Revolution and Its End by Kevin Alexander

★★★★☆ 4.6 out of 5

Language	: English
File size	: 8418 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 392 pages



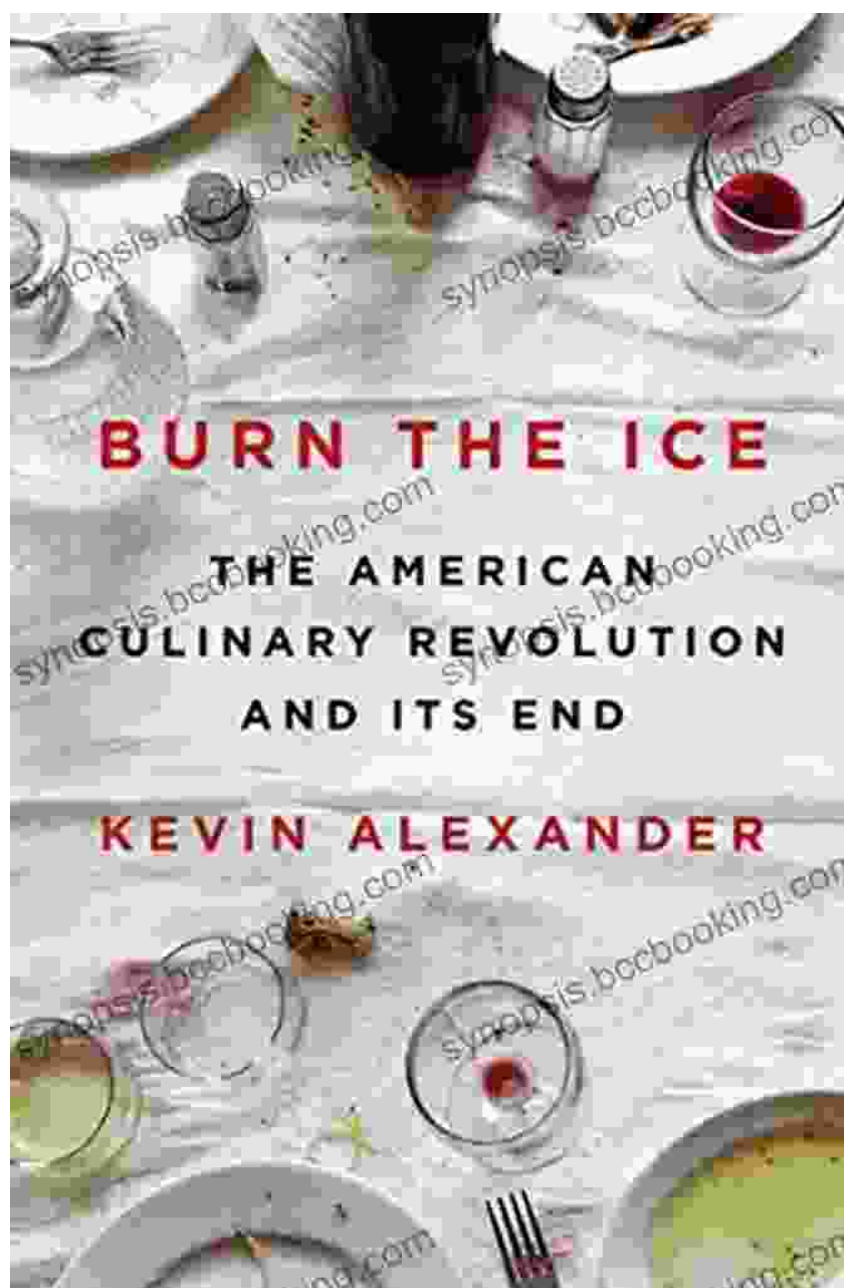
The American Culinary Revolution was a period of unprecedented innovation and creativity in American cuisine. From the early days of the republic, when food was simple and wholesome, to the Gilded Age, when elaborate meals were the height of fashion, to the present day, when fast food and processed foods dominate our diets, author John Mariani tells the story of how American food has changed over time.

Mariani argues that the American Culinary Revolution was a period of unprecedented innovation and creativity, but that it has also led to a decline in the quality of our food. He traces the roots of this decline to the

industrialization of food production, the rise of fast food chains, and the increasing popularity of processed foods.

The American Culinary Revolution and Its End is a must-read for anyone who is interested in the history of American food or the future of our food system.

**Praise for The American Culinary Revolution and Its End:**



"A fascinating and thought-provoking book that explores the rise and fall of American cuisine." - The New York Times

"A must-read for anyone who is interested in the history of American food or the future of our food system." - The Washington Post

"A brilliant and incisive look at the American Culinary Revolution and its impact on our food system." - The Los Angeles Times

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