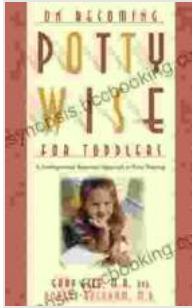


# The Developmental Readiness Approach to Potty Training: A Revolutionary Guide to Success



## Pottywise for Toddlers: A Developmental Readiness Approach to Potty Training (On Becoming.) by Gary Ezzo

★★★★☆ 4.6 out of 5

Language	: English
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Enhanced typesetting	: Enabled
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Potty training is a major milestone in a child's development. It can be a challenging time for both parents and children, but it doesn't have to be. With the right approach, you can help your child potty train successfully and avoid the stress and frustration that often comes with it.

The Developmental Readiness Approach is a potty training method that takes your child's individual development into account. It focuses on creating a positive and supportive environment for your child to learn and

grow. By understanding your child's unique needs, you can help them achieve potty training success at their own pace.

## **What is the Developmental Readiness Approach?**

The Developmental Readiness Approach is based on the idea that children are not all ready to potty train at the same age. Some children show signs of readiness as early as 18 months, while others may not be ready until they are 3 years old or older.

There are a number of factors that can affect a child's readiness for potty training, including:

- Physical development
- Cognitive development
- Emotional development
- Social development

The Developmental Readiness Approach takes all of these factors into account when determining whether or not a child is ready to potty train. By waiting until your child is truly ready, you can increase the likelihood of success and avoid the potential problems that can come with potty training too early.

## **How to Determine if Your Child is Ready for Potty Training**

There are a number of signs that can indicate that your child is ready for potty training, including:

- Your child can stay dry for at least 2 hours at a time.

- Your child wakes up from naps dry.
- Your child tells you when they need to go potty.
- Your child can pull their pants up and down on their own.
- Your child shows an interest in using the potty.

If your child is showing several of these signs, then they may be ready to start potty training. However, it's important to remember that every child is different. If you're not sure whether or not your child is ready, it's always best to wait a little longer.

## **How to Potty Train Using the Developmental Readiness Approach**

Once you've determined that your child is ready for potty training, you can start using the Developmental Readiness Approach to help them succeed.

The Developmental Readiness Approach involves the following steps:

1. **Introduce the potty to your child.** Let your child see and touch the potty. Explain to them what it's for and how it works. You can also let them sit on the potty fully clothed to get used to it.
2. **Start having your child sit on the potty regularly.** Once your child is comfortable with the potty, start having them sit on it for short periods of time throughout the day. You can do this after they wake up, after meals, and before bed.
3. **Praise your child for sitting on the potty,** even if they don't go. This will help them to associate the potty with positive experiences.
4. **When your child starts to show signs that they need to go potty, encourage them to sit on the potty.** You can do this by saying "Let's

go potty" or "Do you need to go potty?"

5. **Be patient and consistent.** It may take time for your child to learn how to use the potty. Don't get discouraged if they have accidents. Just keep encouraging them and they will eventually get the hang of it.

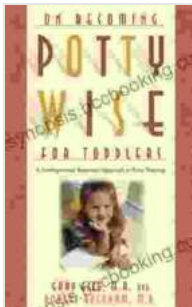
## Tips for Success

Here are a few tips for success when using the Developmental Readiness Approach:

- **Be patient.** Potty training takes time and there will be setbacks along the way. Don't get discouraged if your child has accidents. Just keep encouraging them and they will eventually get the hang of it.
- **Be consistent.** Have your child sit on the potty regularly and encourage them to go when they need to. This will help them to develop a regular potty schedule.
- **Praise your child for successes.** When your child goes potty on the potty, be sure to praise them for it. This will help them to associate the potty with positive experiences.
- **Avoid punishment.** Punishment is never an effective way to teach a child anything. If your child has an accident, don't punish them. Just clean it up and move on.

The Developmental Readiness Approach is a gentle and effective way to potty train your child. By taking your child's individual development into account, you can help them achieve success at their own pace. With patience and consistency, you can help your child to become potty trained and independent.

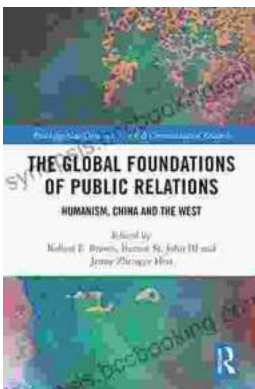
If you're struggling to potty train your child, don't give up. The Developmental Readiness Approach can help you achieve success. Just remember to be patient, consistent, and positive. With time and effort, your child will eventually learn how to use the potty.



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